



“Witch” One?



Bullying, Bystanders, & Upstanders



Is It Bullying?

- When someone **says** or **does** something **unintentionally** hurtful, and they do it **once**, that's

RUDE

- When someone **says** or **does** something **intentionally** hurtful, and they do it **once**, that's

MEAN

- When someone **says** or **does** something **intentionally** harmful, and they **keep doing it**, **even when you tell them to stop** or show them you're upset, that's

BULLYING



Interactive nearpod activity choosing from examples of rude, mean, and bullying behavior.





“Witch” Situation Needs an Adult?

Turn to your neighbor and have a quick discussion!
Which situation do you think you should get an adult
involved?

RUDE?

MEAN?

BULLYING?

Interactive nearpod Poll for question:
When do you get an adult involved?





When do you get an adult involved?

BULLYING

When someone **says** or **does** something **intentionally** harmful, and they **keep doing it**, even when you tell **them to stop** or show them you're upset.

Interactive Nearpod activity where students free write
different adults they know who they can go to for help.



Who to Ask for Help



Parent/Guardian



Teachers



Student
Center

Vice Principal
or Principal



Coaches



Church
Leaders



Aunts &
Uncles



Grandparents



Adult
Siblings



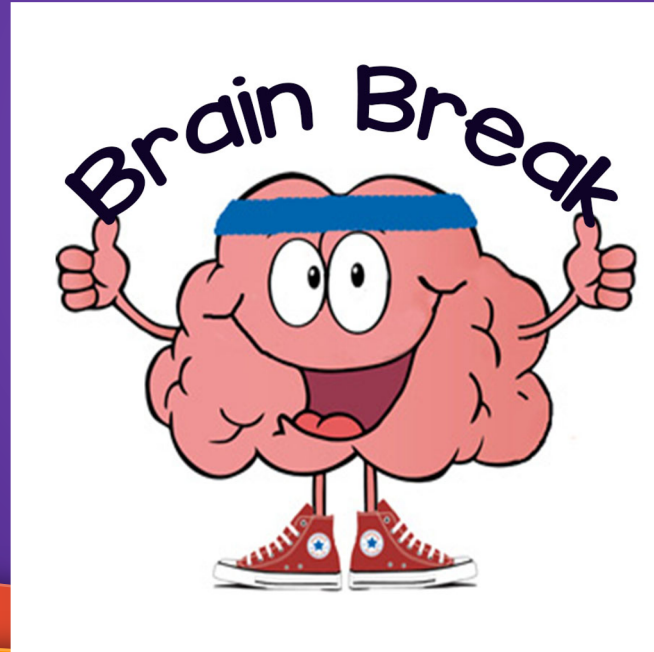
School Resource
Officer



SafeUT
App &
Website



BRAIN BREAK!



What do you do when
you see or know
about bullying?



Vocabulary

X Bystander:

- X A witness who sees or knows about bullying happening to someone else
- X Whether they know it or not, by doing nothing a bystander supports the bullying behaviour

X Upstander:

- X Someone who recognizes when something is wrong and acts to make it right.
- X When an upstander sees or hears about someone being bullied, they speak up.

The bottom line is, bystanders have choices: they can either be part of the problem, by staying silent; or part of the solution, by helping out.

Interactive nearpod matching game where students match examples of bystander behavior and upstander behavior.



Stand up for yourself & for others!

Ask them to:



Tell them to stop doing what they're doing.

Then:

Walk away from the problem behavior (remove yourself from the situation).

If the behavior doesn't stop:

Talk to an adult.



“Witch” Phrase Works For You?

- **Please stop doing that, I don't like it.**
- **That's mean, please don't say that.**
- **Knock it off, that's not cool.**
- **Leave them alone, that's not okay.**
- **I feel sad when you call me names and want you to stop.**
- **I don't like when you talk about other people behind their back, please stop.**

There's Nothing Scary About Asking For Help

